

## ATTENTION WOMEN:

Print this page and bring it with you to the show entrance at Qwest Field Event Center and South Lake Union to receive free admission on **Monday, February 1, 2010!**



ENJOY A SLATE OF SEMINARS DESIGNED SPECIFICALLY FOR AND BY WOMEN BOATERS

### Seminar topics include:

- Women & Sailing: Gaining Confidence, Face Fears and Have Fun!
- Buying a Boat: The Purchase Process Working with a Surveyor
- The Motion of the Ocean: Humorous, True Stories from a Salty Marriage
- Keeping Your On-Board Relationship Off the Rocks
- Couples Sharing the Boat Handling: Tips for Making it Work
- Onboard Fitness
- ... and more!



**Starting at 5 pm**, women can pamper themselves with free giveaways from **Three Cedars Day Spa**, gear and more! Plus, men can get in for only \$8 at Qwest Field Event Center!

Presented by:

